

A4i announces partnership with Riverside University Health System-Behavioral Health and the California Mental Health Services Authority (CalMHSA) Help@Hand to pilot and validate the A4i Digital Therapeutic for Schizophrenia Spectrum Users

Riverside Nov 4, 2021 – [A4i Inc.](#) announced today the launch of a new partnership with Riverside University Health System-Behavioral Health (RUHS – BH) and the Help@Hand program to expand the use of its digital health platform providing support services for individuals with schizophrenia spectrum diagnoses engaged in outpatient care. This six-month RUHS – BH pilot determines if A4i is feasible to deploy in California community mental health clinics at scale, as well as the extent to which individuals with schizophrenia spectrum or other psychoses in this region are able to efficiently utilize and benefit from the platform.

“We are honored to be working with Riverside University Health System – Behavioral Health through the Help@Hand Statewide Collaborative Program to support clients and Clinicians, Case Managers and Peer Support Specialists (*Care Team*) in their effort to better engage and support their client populations in the recovery process through our novel technology” says Dr. Sean Kidd, A4i Chief Science Officer and Division Chief of Psychology at the Centre for Addiction and Mental Health (CAMH).

RUHS – BH is working to address the risk for relapse in clients with schizophrenia spectrum and other psychoses in need of or currently receiving intensive services. RUHS – BH will pilot A4i App to assist clients in his or her own wellness management. The Care Team dashboards provide immediate feedback and tailored wellness strategies that more readily meet the goals of this population of focus.

Schizophrenia spectrum populations face immense risks in premature mortality, co-occurring mental and physical health conditions and both direct and indirect costs related to care, criminal justice and social services. Effective treatments are hampered by illness complexity and complicated by issues such as medication adherence difficulties, social isolation, and cognitive challenges. A4i consists of a mobile platform for patients with schizophrenia and other psychoses with evidence-based and peer-to-peer content and features, such as appointment and medication reminders, daily check-ins, and goals tracking. The Care Team also have access to a clinical portal to coordinate and engage clients with dynamic risk flagging and client wellness indicators.

A4i has been undergoing intensive clinical, engagement and adoption testing since 2018 and has, to date, demonstrated strong user and Care Team engagement and promising indications including adherence to treatment, personal recovery, clinical symptom reduction and improved engagement between clients and Care Team Members.

About A4i:

Addressing complexities in recovery with complex mental health concerns, A4i (The App4Independence) is a patent pending, validated, digital therapeutic with a regulatory pathway. A4i is a platform mobile application and portal/EMR integration currently focused on psychosis spectrum illnesses. Co-designed with clients, clinicians and peer mentors to support, reduce isolation and predict likelihood of relapse in complex behavioural health, A4i's pipeline addresses addictions and other complex behavioural health challenges. A joint venture between Canada's largest mental health teaching hospital the Centre for Addiction and Mental Health (CAMH) and MEMOTEXT digital therapeutics platform, A4i has secured early pilots across North America and has deep expertise in mental and digital health.

About Help@Hand:

Help@Hand is a California City and County Collaborative created to determine if and how technology fits within the behavioral health system of care. California is leading the way in finding innovative solutions to bring technology into our behavioral health system of care. Consistent with the pioneering spirit California is known for, this collaborative is an exciting opportunity to help shape the future and improve accessibility and outcomes to meet the needs of

people across the state. Innovative digital applications on smartphones and other mobile devices can empower consumers by engaging them as full partners in their behavioral health care, supporting self-care, and offering access to people who face barriers in working with a face-to-face provider.

The vision of the Help@Hand Collaborative is to save lives and improve the wellbeing of Californians by integrating promising technologies and lived experiences to open doors to mental health support and wellbeing.

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